

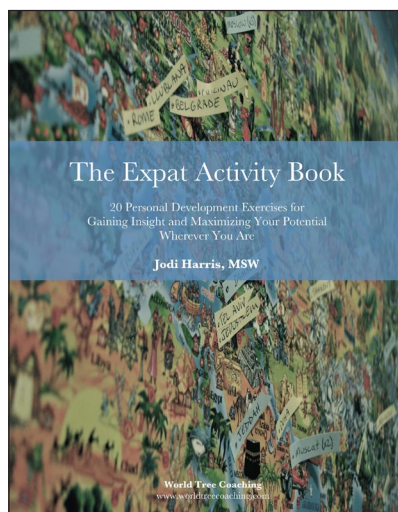
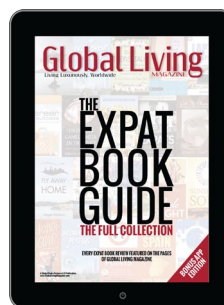
# EXPAT BOOK REVIEWS

BY ALISON CAVATORE

In this section of *Global Living Magazine* we feature a selection of expat books. If you would like to suggest books for future editions of this section, please contact our editorial director, Alison Cavatore, at [alison@globallivingmagazine.com](mailto:alison@globallivingmagazine.com).

Our entire collection of expat book reviews is available for FREE in the *Global Living* app for smartphones and tablets. For more information, visit [www.globallivingmagazine.com/the-expat-book-guide](http://www.globallivingmagazine.com/the-expat-book-guide).

## BOOK REVIEWS



### ***The Expat Activity Book***

Jodi Harris, MSW  
CreateSpace Independent Publishing Platform  
\$19.99, 66 pages

Drawing on author Jodi Harris' years of experience as an expat, social worker and life coach, is a personal development workbook for people who either live abroad or are preparing for an international move. Written in an accessible, conversational style, the book features 20 exercises designed to give you new tools and insight for gaining and maximizing growth, focusing on specific experiences commonly faced by people who move from one country to another, including: preparing for transition, cultivating awareness in the

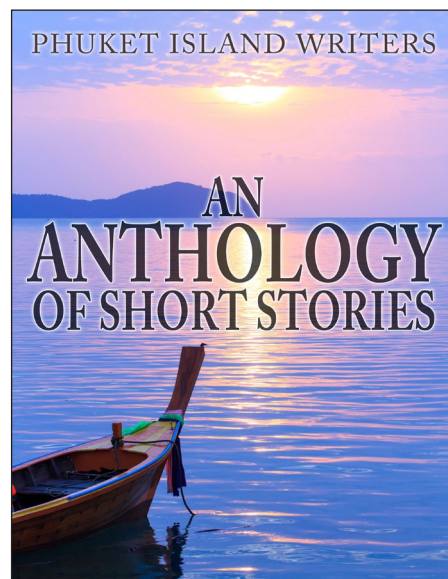
face of culture shock, understanding how to live better outside your comfort zone, developing community, and many more. Each activity is self-paced and designed with maximum flexibility to help individuals gain insight, reignite passion and pursue new learning while experiencing the joys of international travel and living. Activities include: visualizing your adventure, formulating goals and priorities during transition, taking credit for new skills acquired, identifying and processing the many thoughts and feelings that come up during transition, pinpointing the things, people, places and experiences that you're committed to taking the time to say goodbye to, and much more. Each activity includes clear instructions as well as an explanation of the activity's purpose, and each one can be revisited as needed, and repeated any number of times. The book allows you to hone in on what matters most to you, wherever you are. To find out more, visit [www.worldtreecoaching.com](http://www.worldtreecoaching.com).



### ***Je T'Aime, Me Neither***

April Lily Heise  
TGRS Communications  
\$13.49, 304 pages

Hold on to your beret because this book will take you on a dating tour through the City of Love that will make your head spin. Canadian expat April Lily Heise (who refers to herself as Lily in the book) has been living in Paris, France since 2000 and, when her Parisian boyfriend suddenly dumps her, she begins her quest for a carefree summer fling, which turns into quite the adventure. As summer turns into fall, winter, spring and summer again, Lily crosses paths with a seemingly endless line of potential suitors, just none that *really* suit her. Supported by her loyal group of expat friends, Lily adjusts her expectations accordingly and remains hopeful through the ups and downs of dating in the big city. The book is written for the early-20s-single-girl audience, but if you're looking for a quick, light read fueled by young love, passion and all things Parisian, you should pick up a copy; it's likely to remind you of a time in your life when foreign romances and holiday parties at Embassies were all the rage. To learn more about April Lily Heise's Parisian adventures, visit [www.jetaimemeneither.com](http://www.jetaimemeneither.com).



### ***Phuket Island Writers: An Anthology of Short Stories (Vol. 1)***

Anne Louise O'Connell, Paul McCabe, Jason Stanley, Billie Grace Lorraine, Emily M. Gibson, Dianne Buerger, Carol Taylor, Maria A. Schmidt, and Jelena Kovacevic.  
Phuket Island Writers  
\$3.99 (Kindle); 210 pages

A delightful collection of short stories by authors from around the world who are all living the expat life in Phuket, Thailand, *Phuket Island Writers: An Anthology of Short Stories (Vol. 1)* will ignite your love for living abroad and writing. The Phuket Writers' Group is made up of individuals with diverse backgrounds, nationalities and personalities, all with a passion for the written word, who came together to collaborate, encourage and inspire each other. Including accounts from the island, on the road, off the road, and inner journeys, this anthology spans the globe with stories of love, loss, discoveries, daily idiosyncrasies, acceptance, growth, and more. Writers hail from Australia, Germany, the U.S., Canada, Romania, Serbia and the U.K., but when you read the collection of stories in totality, the experiences are global, the actions and reactions shared, and the sense of wonderment with living abroad apparent and collective. Learn more about the 4th annual Phuket Paradise Writers' Retreat (2016) at [www.globalwritingsolutions.com/Writers\\_retreat.html](http://www.globalwritingsolutions.com/Writers_retreat.html).